

	<b>ADULT</b>	<b>CHILD</b> From 1 year to puberty	<b>INFANT</b> Under the age of 1
<b>Compression/Ventilation Ratio</b> (without advanced airway)	1 or 2 rescuers - 30:2	1 rescuer - 30:2 2 or more rescuers - 15:2	
<b>Compression/Ventilation Ratio</b> (with advanced airway)	Continuous compressions at a rate of 100-120/min Give 1 breath every 6 seconds (10 breaths/min)		
<b>Compression Rate</b>	100-120/min		
<b>Compression Depth</b>	At least 2 inches (5 cm)*	At least one third of the diameter of chest About 2 inches (5 cm)	At least one third of the diameter of chest About 1½ inches (4 cm)
<b>Hand Placement</b>	2 hands on the lower half of the breastbone (sternum)	2 hands or 1 hand (optional for very small child) on the lower half of the breastbone (sternum)	<b>1 rescuer</b> 2 fingers in the center of the chest, just below the nipple line <b>2 or more rescuers</b> 2 thumbs – encircling hands in the center of the chest, just below the nipple line
<b>Rescue Breathing</b>	1 Breath Every 6 Seconds (10 Breaths per minute)	1 Breath every 3-5 Seconds (12-20 Breaths per minute)	
<b>IMPORTANT TO REMEMBER</b>			
<b>Activation of EMS</b>	If you are alone with no mobile phone, leave the victim to activate the emergency response system and get the AED before beginning CPR	<b>Witnessed collapse:</b> Follow steps for adults and adolescents on the left.  <b>Unwitnessed collapse:</b> Give 2 minutes of CPR. Leave the victim to activate the emergency response system and get the AED Return to the child or infant and resume CPR , use the AED as soon as it is available.	
<b>Recognition of Cardiac Arrest</b>	Check for responsiveness - No breathing or only gasping (no normal breathing) No definite pulse felt within 10 seconds		
<b>Minimizing Interruptions</b>	Limit interruptions in chest compressions to less than 10 seconds		